



CCD Newsletter



Important News and Information

St. Dunstan Office of Religious Education
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March 3, 2009

Holy Childhood Association Lenten Drive

Coin holders were distributed during CCD classes last week. This Lenten season, we will be assisting the children who live at St. Benedict's Nursery in Chittagong, Bangladesh. This orphanage was founded by missionary Sisters to care for abandoned and poor children. The funds received by the Sisters will help them to provide food, shelter and basic medical care for some 100 infants and toddlers.

We ask that all coin holders be returned to CCD by March 31st. If you didn't receive a coin holder, the donation is \$5.00 (or what you can donate).

We thank you in advance for your generosity and support of the Holy Childhood Association.



Family Lenten Guide

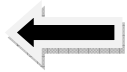
What are you doing for Lent this Year? Lent is a time for self-sacrifice, repentance and conversion of heart. Like Jesus, we enter a spiritual desert where we listen to God and respond by changing our lives. Here are some Lenten ideas to help bolster your family's spiritual life:

- Take the kids grocery shopping for the poor and bring the food to a local food bank.
- Let the children light a candle at church for people who are sick or suffering.
- Sample Lenten foods such as hot cross buns or pretzels.
- Encourage each family member to do something nice for someone every day.
- Volunteer as a family to help your parish.

Looking Ahead

Please mark your calendars—there will be **NO CCD** on Tuesday, March 17th. Classes will resume on Tuesday, March 24th.

No CCD
on
3/17/09



Lent Facts

- ❖ The word "Lent" comes from an Anglo-Saxon word which means "lengthen"—a reference to lengthening days as spring approaches.
- ❖ Lent lasts for 40 weekdays, beginning Ash Wednesday and concluding at sundown on Holy Thursday.
- ❖ The remainder of Holy Week—beginning with the Mass of the Last Supper on Holy Thursday, and including Good Friday and Holy Saturday—are called the "Triduum," which means three days.
- ❖ the Lenten liturgical color is purple, the color of royalty, which symbolizes the suffering of Jesus and anticipates the glory of the Resurrection.
- ❖ During Lent the *Gloria* and the word "alleluia" are omitted from the mass.

March 17th—St. Patrick

Born in Scotland, St. Patrick was kidnapped and brought to Ireland as a slave. He escaped but later returned to become the bishop of Ireland and is credited for having established the Church there.

