

VOLUNTEER OPPORTUNITIES

SAN BRUNO CATHOLIC WORKER

555 San Bruno Avenue, San Bruno
(650)827-0706, Coordinator: Peter
Volunteer Hours: Every day 5-7pm

Students can help prepare and serve hot meals to those in need (@ San Bruno Church).

ST. ANTHONY FOUNDATION DINING ROOM

www.stanthonysf.org

45 Jones Street, San Francisco
(415)592-2726, Coordinator: Marie
Volunteer Hours: 7 days/week, 10am-2pm

Help serve the daily meal to the hungry and homeless of San Francisco. Orientation required before volunteering. Volunteers are needed seven days a week to serve lunch. Call in advance to schedule!

NORTH PENINSULA FOOD PANTRY & DINING ROOM

2121 Junipero Serra, Daly City
(650)994-5150, Coordinator: Denise Kelly

Volunteers can assist with serving food to the needy on Mondays, Tuesdays, and Thursdays from 4:30-6:30pm. Call ahead to schedule!

ST. VINCENT DE PAUL SOCIETY HOMELESS HELP CENTER- South SF

344 Grand Avenue, South San Francisco
(650)589-9039, Coordinator: Lisa Collins
Volunteer Hours: Mon-Sat morning 10am-12pm or 8am-12pm.

Volunteers can help prepare and serve the daily meal at "Café St. Vincent." A great Saturday morning volunteer opportunity!

B.O.K. RANCH

<http://www.bokranch.org/volunteer.htm>
3674 Sand Hill Road, Woodside
(650)366-2265

Volunteers help during horseback riding lessons for children and adults with special needs. Must be at least 14 to go into the ring during lessons, but 12-13 year olds can work with the horses as junior volunteers.

ST. VINCENT DE PAUL SOCIETY HOMELESS HELP CENTER- San Mateo

50 North B Street, P.O. Box 213, San Mateo
(650)589-9039, Coordinator: Lisa Collins
Volunteer Hours: M-F, some afternoons

Volunteers can help prepare and serve the daily meal or work at the clothing stores. Help is also needed in the afternoons from 1-4 answering the help-line. Computer literacy and Spanish skills are a plus!

SECOND HARVEST FOOD BANK

www.secondharvest.net
1051 Bing Street, San Carlos
(650)610-0800 X415
Volunteer Coordinator: Rita Gunturn

Helps feed an average of 47,000 low-income people (more than half of whom are children) each month. Work in the food warehouse sorting, boxing and salvaging food. Call ahead to schedule! **Minimum age is 14 with adult.**

COASTSIDE OPPORTUNITY CENTER

P.O. Box 1089, El Granada
(650)726-9071
Volunteer Coordinator: Fatima
Volunteer Hours: Flexible, call to schedule

Help stock & assemble food bags or at monthly food distributions to families in need of emergency services such as food, clothing, and immigration support.

HANDICAPPABLE LUNCHEON

St. Mary's Cathedral in San Francisco
(415)564-5836, Coordinator: Triston McLaughlin
E-mail: causewecare22@hotmail.com
Volunteer Hours: 3rd Saturdays, 10:30/11:30am-2pm

Help prepare & serve lunch, carry trays, and clean up at luncheon for adults with disabilities.

REACH

2322 Crestmoor Drive, San Bruno
(650) 871-8402, Coordinator: Cecelia

Help at an after school program for disabled students ages 5-12 with homework, leading activities, and playing outside with the children. Volunteers also needed for summer program.

SENIOR COASTSIDERS

535 Kelly Avenue, Half Moon Bay
(650) 726-9056 Volunteer Coordinator: Vicky

Work with seniors with disabilities or illnesses.

MILLBRAE NURSERY SCHOOL

86 Center St., Millbrae
(650)589-3028, millbraenursery@sbcglobal.net
Coordinator: Carla Jonoubeh

Help assist young children with art projects, reading, and other activities. Volunteers are also needed for special events.

SPECIAL OLYMPICS @ Bel Mateo Bowl

43rd Ave. & Olympic Ave, San Mateo
(650)341-2616, Coordinator: "Grandpa"
Volunteer Hours: Sundays 10:30am-12:00pm

Help individuals with disabilities learn how to bowl! Call ahead to schedule or just show up to help!

**INTERCOMMUNAL SURVIVAL SCHOOL
(ISS)**

713 2nd Avenue, San Mateo
(650)347-0463
Volunteer Coordinator: Silvia Reyes Grady

Help at a state funded non-profit child development center serving children ages 2 ½- 5 from families with low to moderate income levels. Volunteers can read to children and participate in small group activities.

FAMILY SERVICE AGENCY

225 Tilton Ave., San Mateo
(650) 347-3177

Assist the teacher with care and supervision of children ages three months to three years. Help set up and cleanup activities and meals. Long-term commitment preferred but not required.

SPECIAL OLYMPICS, SAN MATEO

1080 S. Amphlett Boulevard, San Mateo
(650)579-1758 x203

A sports training and competition program for developmentally disabled children and adults. Train and coach athletes, or assist at events.

SAN BRUNO MOUNTAIN WATCH

44 Visitation, Brisbane, 94005
(415)467-6631
Volunteer Coordinator: Ken McIntire
Volunteer Hours: 1st and 3rd Saturdays, 1-4pm

Service activities include trail maintenance, removal of invasive plants, and habitat restoration.

HALF MOON BAY STATE BEACH

hmbrestore@gmail.com
95 Kelly Avenue, Half Moon Bay, 94019
(650)726-8801, Coordinator: Rebecca

Help restore the dune ecosystem by planting native plants and removing non-native plants which will increase wildlife in the parks. Parental permission slips are required.

SEQUOIA AUDUBON SOCIETY

www.sequoia-audubon.org
Millbrae, 94030
(650) 592-7733, Coordinator: Lee R. Franks

Participate actively in environmental education and conservation, and in the restoration and preservation of our native natural resources with emphasis on birds and their habitats.

**LOMITA PARK AFTER SCHOOL
EDUCATION AND SAFETY PROGRAM
(ASES)**

200 Santa Helena Ave, San Bruno
(650) 634-0462, Director Debbie Murray, please leave message or e-mail dthomas@mesd.k12.ca.us
Volunteer hours: M - F 3:00pm - 6:00pm every regular school day.

Help kids, grade K - 5, with homework, special reading needs and various other educational activities.