

## VOLUNTEER OPPORTUNITIES

### **SAN BRUNO CATHOLIC WORKER**

555 San Bruno Avenue, San Bruno  
(650)827-0706, Coordinator: Peter  
Volunteer Hours: Every day 5-7pm

Students can help prepare and serve hot meals to those in need (@ San Bruno Church).

### **ST. ANTHONY FOUNDATION DINING ROOM**

[www.stanthonysf.org](http://www.stanthonysf.org)  
45 Jones Street, San Francisco  
(415)592-2726, Coordinator: Marie  
Volunteer Hours: 7 days/week, 9:30am-2pm

Help serve the daily meal to the hungry and homeless of San Francisco. **Adult must accompany for orientation and service.** Call in advance to schedule – spots fill quickly!

### **NORTH PENINSULA FOOD PANTRY & DINING ROOM**

2121 Junipero Serra, Daly City  
(650)994-5150, Coordinator: Denise Kelly

Volunteers can assist with serving food to the needy on Mondays, Tuesdays, and Thursdays from 4:30-6:30pm. Call ahead to schedule!

### **ST. VINCENT DE PAUL SOCIETY HOMELESS HELP CENTER- South SF**

344 Grand Avenue, South San Francisco  
(650)589-9039, Coordinator: Lisa Collins  
Volunteer Hours: Mon-Sat morning 10am-12pm or 8am-12pm.

Volunteers can help prepare and serve the daily meal at “Café St. Vincent.” A great Saturday morning volunteer opportunity!

### **B.O.K. RANCH**

<http://www.bokranch.org/volunteer.htm>  
3674 Sand Hill Road, Woodside  
(650)366-2265

Volunteers help during horseback riding lessons for children and adults with special needs. Must be at least 14 to go into the ring during lessons, but 12-13 year olds can work with the horses as junior volunteers.

### **ST. VINCENT DE PAUL SOCIETY HOMELESS HELP CENTER- San Mateo**

50 North B Street, P.O. Box 213, San Mateo  
(650)589-9039, Coordinator: Lisa Collins  
Volunteer Hours: M-F, some afternoons

Volunteers can help prepare and serve the daily meal or work at the clothing stores. Help is also needed in the afternoons from 1-4 answering the help-line. Computer literacy and Spanish skills are a plus!

### **SECOND HARVEST FOOD BANK**

[www.secondharvest.net](http://www.secondharvest.net)  
1051 Bing Street, San Carlos  
(650)610-0800 X415  
Volunteer Coordinator: Rita Gunturn

Helps feed an average of 47,000 low-income people (more than half of whom are children) each month. Work in the food warehouse sorting, boxing and salvaging food. Call ahead to schedule! **Minimum age is 14 with adult.**

### **COASTSIDE OPPORTUNITY CENTER**

P.O. Box 1089, El Granada  
(650)726-9071  
Volunteer Coordinator: Fatima  
Volunteer Hours: Flexible, call to schedule

Help stock & assemble food bags or at monthly food distributions to families in need of emergency services such as food, clothing, and immigration support.

### **HANDICAPPABLE LUNCHEON**

St. Mary's Cathedral in San Francisco  
(415)564-5836, Coordinator: Triston McLaughlin  
E-mail: [causewecare22@hotmail.com](mailto:causewecare22@hotmail.com)  
Volunteer Hours: 3<sup>rd</sup> Saturdays, 10:30/11:30am-2pm

Help prepare & serve lunch, carry trays, and clean up at luncheon for adults with disabilities.

### **REACH**

2322 Crestmoor Drive, San Bruno  
(650) 871-8402, Coordinator: Cecelia

Help at an after school program for disabled students ages 5-12 with homework, leading activities, and playing outside with the children. Volunteers also needed for summer program.

### **SENIOR COASTSIDERS**

535 Kelly Avenue, Half Moon Bay  
(650) 726-9056 Volunteer Coordinator: Vicky

Work with seniors with disabilities or illnesses.

### **MILLBRAE NURSERY SCHOOL**

86 Center St., Millbrae  
(650)589-3028, [millbraenursery@sbcglobal.net](mailto:millbraenursery@sbcglobal.net)  
Coordinator: Carla Jonoubeh

Help assist young children with art projects, reading, and other activities. Volunteers are also needed for special events.

### **SPECIAL OLYMPICS @ Bel Mateo Bowl**

43<sup>rd</sup> Ave. & Olympic Ave, San Mateo  
(650)341-2616, Coordinator: “Grandpa”  
Volunteer Hours: Sundays 10:30am-12:00pm

Help individuals with disabilities learn how to bowl! Call ahead to schedule or just show up to help!

**INTERCOMMUNAL SURVIVAL SCHOOL  
(ISS)**

713 2<sup>nd</sup> Avenue, San Mateo  
(650)347-0463  
Volunteer Coordinator: Silvia Reyes Grady

Help at a state funded non-profit child development center serving children ages 2 ½- 5 from families with low to moderate income levels. Volunteers can read to children and participate in small group activities.

**FAMILY SERVICE AGENCY**

225 Tilton Ave., San Mateo  
(650) 347-3177

Assist the teacher with care and supervision of children ages three months to three years. Help set up and cleanup activities and meals. Long-term commitment preferred but not required.

**SPECIAL OLYMPICS, SAN MATEO**

San Jose Office (Covers San Mateo Area)  
(408) 392-0170 x 213 Contact: Cindy Blyther

A sports training and competition program for developmentally disabled children and adults. Train and coach athletes, or assist at events.

**SAN BRUNO MOUNTAIN WATCH**

44 Visitation, Brisbane, 94005  
(415)467-6631  
Volunteer Coordinator: Ken McIntire  
Volunteer Hours: 1<sup>st</sup> and 3<sup>rd</sup> Saturdays, 1-4pm

Service activities include trail maintenance, removal of invasive plants, and habitat restoration.

**HALF MOON BAY STATE BEACH**

hmbrestore@gmail.com  
95 Kelly Avenue, Half Moon Bay, 94019  
(650)726-8801, Coordinator: Rebecca

Help restore the dune ecosystem by planting native plants and removing non-native plants which will increase wildlife in the parks. Parental permission slips are required.

**SEQUOIA AUDUBON SOCIETY**

[www.sequoia-audubon.org](http://www.sequoia-audubon.org)  
Millbrae, 94030  
(650) 592-7733, Coordinator: Lee R. Franks

Participate actively in environmental education and conservation, and in the restoration and preservation of our native natural resources with emphasis on birds and their habitats.

**LOMITA PARK AFTER SCHOOL  
EDUCATION AND SAFETY PROGRAM  
(ASES)**

200 Santa Helena Ave, San Bruno  
(650) 634-0462, Director Debbie Murray, please leave message or e-mail [dthomas@mesd.k12.ca.us](mailto:dthomas@mesd.k12.ca.us)  
Volunteer hours: M - F 3:00pm - 6:00pm every regular school day.

Help kids, grade K - 5, with homework, special reading needs and various other educational activities.