



# Nineteenth Sunday in Ordinary Time

August 9, 2009

I am the living bread that came down from heaven.

— John 6:51



We've probably all had the experience that Elijah voices in the first reading; "Lord I've had enough". He was dejected and had reached the end of his tether. He saw no point in living. At his lowest ebb when he wished for death, an angel comes and rescues him. The angel orders him to, "Get up and eat, else the journey will be too long for you!"

Being Christian is no easy matter. At times we may be tempted to give up. The effort is too much, the surroundings are not encouraging; we have failed in the past and feel alone in the struggle and will probably fail again in the future.

To keep going we need the assurance that we are not alone, that Christ is with us helping us to carry our crosses and standing with us in all the messiness of our lives. We need reassurance that we do not walk this path of life alone. Christ gives himself to us in the Eucharist. He is the Bread of Life we need; else the journey will be too long for us. "I am the bread of life." He is heavenly bread, nourishment for the weary soul, light and strength for the wounded spirit, the power that strengthens us in living our baptism. He is the bread that has come down from heaven. Coming to Christ, the bread of life requires more than walking up to the altar to receive Holy Communion. This is not 'eat and run' occasion. The Church is not an "In and Out" restaurant. We are called to be thankful for His Presence, we are to delight in our Savior, linger over the Word, and digest the Bread of Life. We can never say, "Lord I've had enough", rather "Stay with us Lord, for without you the journey will be too long."

**The annual St. Dunstan Men's Retreat is scheduled for Sept. 18-20, 2009,** at The Jesuit Retreat Center of Los Altos. This year's retreat is entitled "Echoes of Vatican II" and will be directed by Fr. Joseph Fice, S.J. The cost is \$225 per person. For more information, contact Dan Capodanno at 650/588-0324 .

## SPIRITUAL ADOPTION PROGRAM TINY EMBRYO'S HEART BEGINS TO BEAT

Conception takes place when a sperm joins with an ovum to form one cell. The cell contains the genetic makeup for every detail about the new human -- it's sex, hair color, height, skin tone, etc. More than 500 cells will be present when the tiny embryo reaches the womb 7 to 10 days after fertilization. By day 21 his heart will begin to beat. Muscles are forming and arms, legs & eyes will begin to show. Please pray for the safety of your spiritually adopted unborn child. May his/her mother choose life (not abortion) for the new human being developing in her womb.

## WHAT'S HAPPENING THIS WEEK AT ST. DUNSTAN PARISH....

- Tuesday, August 11** Novena in honor of Our Lady of Perpetual Help, Benediction of the Blessed Sacrament after the 8 am Mass
- Thursday, August 13** **No Bible Study** this week  
**Prayer group** meets at Mary mount Green Hills at 7:30 pm
- Saturday, August 15** **Feast of the Assumption. NOT a holy day of obligation this year.**
- Monday thru Saturday** Morning Prayer in the church at 7:15 am
- Monday thru Friday** Rosary recited in the church at 7:40 am

**Saturday, August 15 is the Feast of the Assumption. It falls on a Saturday this year and therefore is not a holy day of obligation. Masses will be at 8 am & 5 pm.**

### **From the Office of Religious Education and Youth Ministry**

*We are looking for volunteers to join our team in the rewarding ministry of working with the children in our parish. If you have been thinking of becoming more involved in a church ministry--please consider volunteering in our Religious Education Program. We have needs for catechists, classroom aides and office support. Our classes are held on Tuesday afternoon's from 3:45-5:00 p.m. and will begin in September. Training is available for all individuals wishing to teach as well as materials that explain the textbooks and lesson plans. The St. Dunstan School of Religious Education is an important part of the St. Dunstan Parish community. We are dedicated in providing our students with a desire to share in the adventure of faith, learning, liturgy and life. Our programs provide faith formation for children to grow in love, knowledge, appreciation and desire to become active members of the Catholic Church. It is our hope that you will give consideration to the idea of becoming one of our volunteers and share with us your time, talent and your prayers. For more information, please contact the Director of Religious Education--Sheree Leone at (650) 697-7451 or stdunstanccd@att.net.*

*CCD Registration Packages for the 2009-2010 school year are available. To request a package, please call the Office of Religious Education at (650) 697-7451 or visit our website at [saintdunstanchurch.org](http://saintdunstanchurch.org) and click on the Religious Education (CCD) link to download registration materials and information about our program.*

**A BRIEF HISTORY OF CATHOLIC HEALTH CARE IN THE UNITED STATES**

Since the 18<sup>th</sup> century, religious communities and other Catholic institutions have been instrumental in the development of the U.S. Health Care system. By 1872 there were 75 hospitals operated by the Catholic Church in the United States; within fifty years that number grew more than five – fold. Today there are more than 600 Catholic hospitals and nearly 1,500 Catholic long-term care ministries across the country.

1727 - Ursuline Sisters arrive in New Orleans. A year later they founded the first Catholic Hospital in the United States.

1842 - Sisters of the Holy Family, a religious community for women of color, is founded. The sisters established Lafon Asylum of the Holy Family, the first Catholic long-term care facility in the United States.

1847 - The Sisters of Mercy open the world's first Mercy hospital in Pittsburg.

1861 – President Abraham Lincoln charts Providence Hospital, operated by the Daughters of Charity in Washington D.C.

1886 – First Catholic nursing school in the United States opens at St. Joseph's Hospital in Springfield Ill.

1900 – St. Rose's Free Home for Incurable Cancer, the first U.S. hospice, is founded in New York by the Dominican Sisters of the Congregation of Saint Rose of Lima.

1915 – Catholic Hospital Association is founded. It's name later changed to Catholic Health Care Association of the United States in 1977.

1933 – St Mary's Infirmary in St. Louis is dedicated as a hospital for African Americans, becoming the first in the area to accept black patients. St Mary's Infirmary School of Nursing for Negroes opened the same year.

1939 – Alcoholics is co-founded by Sr. Mary Ignatia Gavin, C.S.A. at St Thomas hospital in Akron, Ohio.

The Sisters of these congregations, along with Catholic clergy and lay people, were essential in nursing the country through wars, epidemics and the racial segregation of hospitals.

Catholic facilities currently offer services that range from assisted living, home health and hospice ministries, to acute care, advanced treatments and surgeries.

In addition to following basic ethical teaching, and offering competent health care, Catholic Health Care personnel are called to embody the merciful, healing grace of the Gospel in their interactions with patients, colleagues and public.

Are you interested in learning more about the beliefs and practices of the Catholic Church? Are you baptized but never received First Communion? Never were Confirmed? If you answered yes to any of the above questions, our RCIA process can be of help to you. RCIA stands for Rite of Christian Initiation Adults. It is a process designed to meet the needs of adults who are considering joining the Church or who wish to receive the sacraments of Initiation ( Baptism, Eucharist, Confirmation). For more information regarding our Inquiry Sessions, call the rectory at 697-4730. **Classes begin in September at the rectory.**



**Last weekend's**  
Regular Collection:  
\$7,742.00

Next Weekend's Second Collection will be for the Parish Maintenance & Development Fund

**Thank you for all your support!**

**SAINTS AND SPECIAL OBSERVANCES**

- Sunday: Nineteenth Sunday in Ordinary Time
- Monday: St. Lawrence
- Tuesday: St. Clare
- Wednesday: St. Jane Frances de Chantal
- Thursday: St. Pontian and St. Hippolytus
- Friday: St. Maximilian Mary Kolbe
- Saturday: Assumption of the Blessed Virgin Mary

This weekend, Fr. Benedict Antony will be here at St. Dunstan for a Mission Appeal to benefit the Diocese of Ooctacumund in India. Your support is appreciated by those in need.

**Many thanks to those who served as Lectors, Eucharistic Ministers and Altar Servers this weekend:**

**Sat. August 8**

**5:00 PM Lector: L. Clothakis**

**Eucharistic Ministers: J Clothakis, J Ryan, R&C Fry**

**Altar Servers: Quilici, DeGuzman, Sosa**

**Sun. August 9**

**7:00 AM Lector: H. Connolly**

**Eucharistic Ministers: B Penner, M Wyman, M Hutchings**

**Altar Servers: Solano, Salinda, Uchi-Tabaloc**

**8:30 AM Lector: E. Linak**

**Eucharistic Ministers: D&S Capodanno, E Bates, M Leland**

**Altar Servers: Casco, Casco, Linak**

**10:00 AM Lector: M. Kelly**

**Eucharistic Ministers L Kelly, K Whitfield, R Garrison, K Burns**

**Altar Servers: Celio, Burns, Burns**

**11:30 AM Lector: G. O'Neill**

**Eucharistic Ministers: B&C Martin, R Barrera, B Tiamson**

**Altar Servers: Ching, Cabarse, Fakatene**

**5:00 PM Lector: P McLaughlin**

**Eucharistic Ministers: M McLaughlin, B Cappel, K Phelps, H Santana**

**Altar Servers: Janiczek, Chan, Doyle**

**Special thanks to all of our ushers for their dedicated service at our weekend Masses.**

**Mass Intentions for the Week***August 9 - August 16, 2009*

<u>Sunday</u>	7:00 am	For Parish
	8:30 am	Anita & Giuseppe Pasquinelli
	10:00 am	Cesar & Imelda Joven (living)
	11:30 am	Bertu "Bart" Chetcuti
	5:00 pm	Brendan C. Vigil
<u>Monday</u>	6:30 am	Wilma Bruni (living)
	8:00 am	Franov/Budesa Family (liv/dec)
	5:10 pm	Noreen Welch
<u>Tuesday</u>	6:30 am	Frank Farrell
	8:00 am	Lilliana & Angelo Grenno
	5:10 pm	Okada –Garcia Family
<u>Wednesday</u>	6:30 am	Eugene Berry
	8:00 am	Julianna & John Sanna
	5:10 pm	Mass of Thanksgiving
<u>Thursday</u>	6:30 am	Intentions of Jack & Cathy Ward
	8:00 am	Roseann Marchionna
	5:10pm	Dr. George Steiner
<u>Friday</u>	6:30 am	Phipps Family (liv/dec)
	8:00 am	Lewis Giovannini
	5:10 pm	Pauline Spiteri
<u>Saturday</u>	8:00 am	Dylan Cappel
	5:00 pm	The John & Lena Mezzetta Fam

**We pray for the sick members of our parish family and for those who care for them:** Madison Kitz, Lisa Kitz, William Dill, Ted & Eileen Damian, Pat Saracini, Bill Barca, Helen & Vicky Noceti, Irene Thommen, Kyong Cruz, Ciera Whipple, Dorothy Rives, Elsie Noceti, Steve Bacho, Mary Farr, Karen Shirley, Jose Conrado Vasquez, Lucy Garcia, Frances Snyder, Jack & Rene Sagrafena, Mrs. Larry Duggins, Antoinette Ramos, Joe Hamilton, Pauline & Joseph Burgio, Noralee Gelhaar, Martin Hidalgo, Gloria Giannini, Maxine Coutts, Anna Mae Stewart, Jonathan Cerezo, Nick Cannuli, Kathy Montiel, Susan Silvera-Dunn, George Rodriguez Jr, Nafal Jweinat, Michael Coffaro, Diedra Bradshaw, Irma Sweeny, Charlene Spediacci, Esther Litton, Jan Diamond, Viola Burdick, Ronald Reyes, Josephine Muscat, Patricia O'Neill, Virginia Ryan Rogers, Michael Wisherop, Helen Maternia, Bernice Malloy, Wayne Devora, Beverly Buhs, Rita Gilmore, Judy Marks, Rita Bartolo, Gerda Altherr, Stephen Petinak, Richard Castro, Donald Clancy, Rene Tiamson, Dondon Pasco, Dotty Mandiloff, Robert Weldon, Joseph Conrad Rodriguez, Raymond Reudy, Mona Pasco, Rick Trecartin, Mike Casella, Fr Bruce Dreier, John Costa, Rita & Roberta Berry, Sr. Theresa Antoinette, Rachel Sanchez, Sue Furrer, Emily Marshall, Mrs Nancy Starrh, Kathy Perl, Susan Negueloua, Kevin Maloney, Domenica Rossi, Alma Cozzolino, Arceli Perez, Erika Kiel, Harry Aubright, Joseph Caruana, Michael Murray, & Jack Ward **We pray for the deceased members of our parish family:** Mary Berri & Ed Bezdek